

AWESOME
PEOPLE

PROJEKTA



Erasmus+

INFO PACK



Kopparberg, Sweden

07 July-14 July 2024

07-07-2024 Arrival day
14-07-2024 Departure Day

www.awesomepeople.se



WELCOME!

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You are one of the 12 participants who will participate in the Study visit within the KA2 project "Unlock cross-sectorial cooperation" between 7th of July to 14th of July 2024 in Sweden.

The Study visit will be held one day in Örebro and the rest of the days in Kopparberg, located 219 km west of Stockholm. Kopparberg is a small village famous for the brewery that makes Kopparbergs cider and is located one hour from Örebro - the sixth largest city in Sweden.

We want you to have a great experience and we prepared this info pack with all the practicalities you need to know and a bit about the project itself. We look forward to meeting you all in Örebro and Kopparberg!



AWESOME ABOUT PEOPLE US

Your coordinator and host organisation is Awesome People, a youth NGO founded back in 2013. Awesome People is based in Örebro and recently also in Kopparberg with a mission of making people be and feel awesome - one learning experience at a time - for people to create a better world for themselves, for others, and for the planet.



Check us out!





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ABOUT THE STUDY VISIT

The study visit consists of one week in Sweden where you will get:

- Network opportunities
- Play educational escape rooms
- Learn how to create educational escape rooms
- Intercultural exchange

The result of the study visit should be to know why and when to use educational escape rooms and have the experience of creating 1-2 prototypes.



Aim of the whole project: Increase the quality, innovation and recognition of youth work by showcasing the tool of educational escape rooms to increase inclusion in schools and a tool for financial & marketing strategies to foster cooperation between NGOs and cross-sectorial organisations.

Objectives

- Introduce educational escape rooms as a tool
- Exchange expertise and know-how
- Increase cross-sectorial cooperation
- Develop digital resources



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SCHEDULE

Date Time	7/7 Sunday	8/7 Monday	9/7 Tuesday	10/7 Wednesday	11/7 Thursday	12/7 Friday	13/7 Saturday	14/7 Sunday	
08.30 - 09.30	ARRIVAL	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
09.30 -11.30		Study visit opening About the project Youth Worker competences Learning Journey Erasmus+	<i>Learning Reflection</i> Why use educational escape rooms	<i>Learning Reflection</i> EER step-by-step	<i>Learning Reflection</i> Create educational escape room	<i>Learning Reflection</i> Finalize test version	<i>Learning Reflection</i> Future steps	DEPARTURE	
11.30-12.00		FIKA	FIKA	FIKA	FIKA	FIKA	FIKA		
12.00-13.00		Play educational escape rooms	Discover Kopparberg	EER step-by-step	Create educational escape room	Test educational escape room	Learning journey		
13.00-15.00		LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH		
15.00-16.30		Play educational escape rooms	Play educational escape rooms	EER step-by-step	Field trip	Finalize educational escape room	Evaluation Youthpass Ceremony		
16.30 - 17.00		FIKA	FIKA	FIKA	FIKA	FIKA	FIKA		
17.00-19.00		Free time in Örebro	Free time	Free time	Field trip	Free time	Free time		
19.00-		Welcome Dinner	Dinner in Örebro Go to Kopparberg	Dinner	Dinner	Dinner	Dinner	Dinner	

With reservation for changes



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LOGISTICAL INFORMATION

Arrival day **Sunday 07/07/2024**- Arrive to Örebro! (Don't forget to check when there is a train to Örebro before you purchase your other tickets!) To get dinner in Örebro you need to arrive before 7 pm!

Departure day Sunday 14/07/2024 - Before 12.00!

The best option is to take a flight to Stockholm Arlanda Airport and from there take the train or bus to Örebro C (the trip takes 2.5 - 3.5 hours) and costs between 40-50 euro check tickets here: www.sj.se. Choose Arlanda C to Örebro C. The entrance to the train station is located in Sky City at Arlanda airport. If your first connection is the bus, the bus station is outside terminal 4 at Arlanda airport.

You can also check flights to Gothenburg Landvetter airport or Stockholm Skavsta airport. Be sure to check www.sj.se for connecting trains and buses to Kopparberg.

However, we strongly advise Green Travel to and from Kopparberg to minimize our project's ecological footprint.

Let us know if you have any questions after checking yourself!

We will meet you up at Örebro Central Station if you provide us with your arrival time and take you to the accommodation.

Örebro Central Station





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LOGISTICAL INFORMATION

The study visit will take place first day in Örebro where you will stay at Good Morning hotel in double or triplet rooms, 5 minutes walk to Awesome People office where we will be the first day. The rest of the days you will stay at Awesome People House in Kopparberg, Sweden at Laxbrogatan 24, 714 31 Kopparberg located 5 min walking distance from Kopparberg village center. In the village center there are a few shops, supermarket, pharmacy and more. Map [HERE](#). You will stay in shared 3-4-people bedrooms (divided by gender) and have access to shared bathrooms with showers. **Bed linen will be provided but you need to bring your own towel.** The house has wifi. Accommodation costs are covered by the Erasmus+ program.



First morning breakfast is served in the hotel and lunch and dinner at local restaurants in Örebro. Rest of the days, breakfast, lunch, dinner, and coffee breaks (FIKA) will be served in the house. Please, don't forget to mention in the registration form if you have any dietary requirements. All food is covered by the Erasmus+ program.



The weather in Sweden in July is usually 20 to 26 degrees but please check it out closer to the arrival and pack appropriate clothes. We will update the weather information in the Whatsapp group closer to your arrival.



Sweden's currency is SEK. All places accept bank cards, not all accept cash since Sweden wants to be a cash free society. If you want to take out money there is ATM 5 min walk from the house.



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TRAVEL REIMBURSEMENT

Accommodation and food are 100% covered by Erasmus+. Travel costs are budgeted in the project according to Erasmus+ conditions, **360 Euro** from Malta to Kopparberg and return.

Travel costs exceeding the maximum reimbursable amount will not be covered. If there are any changes in route or special travel requests, please confirm these with the project coordinator **BEFORE** purchasing the tickets. Failure to do so may result in some tickets not being reimbursable. Reimbursements will be made by bank transfer to the organisation after the transnational project meeting where participants should play test the developed educational escape rooms and if all the original documents are provided to the project coordinator.

STEP BY STEP

- Fill in the internal evaluation form at the end of the week.
- Fill in the form sent by the Erasmus+ system (Beneficiary Module)
- Upload all your travel confirmations, invoices, and boarding pass to the Google Drive folder. The link will be sent to you.
- Write a small testimonial report of your experience of the study visit
- Participate in the transnational project meeting where the developed educational escape rooms will be tested.



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PARTICIPANT INFORMATION



Participants of the study visit should be experienced & active youth workers, teachers or youth leaders **18+**. They should be interested in the topic of educational escape rooms.



All participants must be involved in the **preparatory work** organized by the trainers. All participants must participate in the transnational project meeting where developed educational escape rooms will be tested and write a testimonial report.



Partners should ensure **gender balance** among participants.



It is mandatory to have valid **travel and medical insurance** (i.e., European Health Insurance Card) during your travel. The host organisation will not cover any personal health costs. If you need help with this, please contact your sending organisation.



We encourage you to bring special snacks, and beverages from Malta, any favorite games for the evenings. Don't forget your **towel** and **Health insurance** card!



Failure to fully participate in the content sessions or inappropriate behavior might result in reimbursement not being given to the participant with a notice provided to the sending organisation or exemption of the participant from the study visit.



In Awesome People we encourage people to be themselves and we want all our activities to be a **safe space** for all participants no matter background, gender, sexual identity, religion or other categorization.



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ERASMUS+ PRIORITIES

INCLUSION & DIVERSITY



In all Awesome People projects we don't have a participation fee to ensure that we can include people with economical barriers. We always aim to create a safe space where everyone can feel included. Unfortunately our project house is not adjusted for people in wheelchairs. For all other diverse abilities please let us know in advance and we will adjust the project as much as we can for your needs.

In this project we will try to work with different digital tools and we advise you to bring your laptop if you are able too since it can be easier when working with the educational escape room manual.

DIGITAL TRANSFORMATION



ENVIRONMENT & FIGHT AGAINST CLIMATE CHANGE



In Awesome People and in our projects we want to reduce our ecological footprint so we encourage all participants to be as sustainable as possible. Here are some ideas for you!

- Use the Green Travel option!
- Take short showers and don't shower everyday!
- Pack lightly!
- Bring your **re-usable bottle** and **re-usable shopping bag** if you have one!
- In Sweden we practice **waste sorting**, be sure to throw trash in the right container!
- Be open to try out **vegan** food!

In this project you will visit one of our local projects where young people create educational escape rooms about the sustainable development goals. This will showcase how educational escape rooms can increase participation in democratic life, highlight common values & civic engagement.

PARTICIPATION IN DEMOCRATIC LIFE, COMMON VALUES & CIVIC ENGAGEMENT





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TO-DO-LIST IF YOU ARE SELECTED



TO-DO

Fill in the registration form [HERE](#)



TO-DO

Book your flight to Stockholm Arlanda Airport and connecting train/bus from Arlanda to Örebro C and from Kopparberg C to Arlanda C to fit the budget. Better yet, book your Green Travel all the way to Örebro C!



TO-DO

Join the Whatsapp group for updated information and ongoing activities. You can find it [HERE](#)



TO-DO

Inform us about your arrival and departure time to erasmus@awesomepeople.org so we have a record of when to pick you up.



TO-DO

Keep an eye on your mailbox for information about the study visit



TO-DO

Pack your things and bring an AWESOME attitude!



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QUESTIONS? CONTACT US!

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*Looking forward to see
you in Kopparberg!*

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